



Year 5 Curriculum overview

Year Group Curriculum Overview

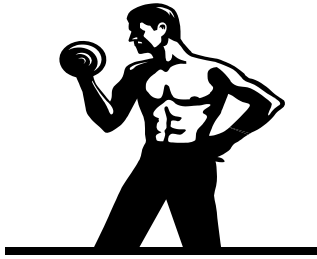
Year 5 - PSHE		
Autumn 1	Spring 1	Summer 1
<p>Physical health and wellbeing: In the media</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> • that messages given on food adverts can be misleading • about role models • about how the media can manipulate images and that these images may not reflect reality 	<p>Keeping safe and managing risk: When things go wrong 🚩</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> • about keeping safe online • that violence within relationships is not acceptable • about problems that can occur when someone goes missing from home 	<p>Drug, alcohol and tobacco education: Different influences 🚩</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> • about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis • about different influences on drug use - alcohol, tobacco and nicotine products • strategies to resist pressure from others about whether to use drugs - smoking drugs and alcohol
Autumn 2	Spring 2	Summer 2
<p>Sex and relationship education: Puberty 🚩</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> • the main physical and emotional changes that happen during puberty • how puberty affects the reproductive organs • how to keep clean and how emotions change during puberty 	<p>Mental health and emotional wellbeing: Dealing with feelings</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> • about a wide range of emotions and feelings and how these are experienced in the body • about times of change and how this can make people feel • about the feelings associated with loss, grief and bereavement 	<p>Identity, society and equality: Stereotypes, discrimination and prejudice (including tackling homophobia)</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> • about stereotyping, including gender stereotyping • workshop from Diversity Role Models or Equaliteach • about prejudice and discrimination and how this can make people feel

Year 5- PSHE

Autumn 1

Physical health and wellbeing

In the media



Spring 1

Keeping safe and managing risk

When things go wrong



Summer 1

Drug, alcohol and tobacco education

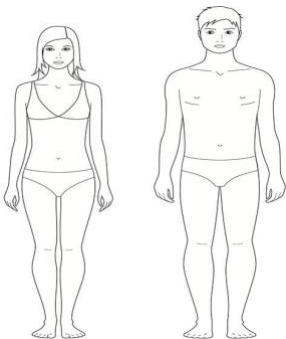
Different influences



Autumn 2

Sex and relationship education

Puberty



Spring 2

Mental health and emotional wellbeing

Dealing with feelings



Summer 2

Identity, society and equality

Stereotypes, discrimination and prejudice (including tackling homophobia)

