

ST. PETER'S  
PRIMARY  
SCHOOL



# PSHE & RSE Curriculum

Revised July 2022

## Whole School Curriculum Overview

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Physical health and wellbeing Fun times	Mental health and emotional wellbeing Friendship	Keeping safe and managing risk  Bullying - see it, say it, stop it	Identity, society and equality Democracy	Physical health and wellbeing In the media	Careers, financial capability and economic wellbeing Borrowing and earning money
Autumn 2	Keeping safe and managing risk  Feeling safe	Physical health and wellbeing What keeps me healthy?	Mental health and emotional wellbeing Strengths and challenges	Drug, alcohol and tobacco education  Making choices	Sex and relationship education  Puberty	Sex and relationship education  Puberty, Relationships and Reproduction
Spring 1	Identity, society and equality Me and others	Careers, financial capability and economic wellbeing My money	Drug, alcohol and tobacco education Tobacco is a drug	Physical health and wellbeing What is important to me?	Keeping safe and managing risk  When things go wrong	Drug, alcohol and tobacco education  Weighing up risk
Spring 2	Drug, alcohol and tobacco education  What do we put into and on to bodies?	Keeping safe and managing risk  Indoors and outdoors	Identity, society and equality Celebrating difference	Keeping safe and managing risk  Playing safe	Mental health and emotional wellbeing Dealing with feelings	Identity, society and equality Human rights
Summer 1	Mental health and emotional wellbeing Feelings	Sex and relationship education  Differences	Physical health and wellbeing What helps me choose?	Sex and relationship education  Growing up	Drug, alcohol and tobacco education  Different influences	Mental health and emotional wellbeing  Healthy minds
Summer 2	Sex and relationship education  Growing and Caring for Ourselves	Drug, alcohol and tobacco education  Medicines and me	Sex and relationship education  Valuing Difference and Keeping Safe	Careers, financial capability and economic wellbeing Saving, spending and budgeting	Identity, society and equality Stereotypes, discrimination and prejudice (including tackling homophobia)	Keeping safe and managing risk  Keeping safe - out and about FGM