

Year 4 Curriculum overview



Year Group Curriculum Overview

Year 4 - PSHE		
Autumn 1	Spring 1	Summer 1
<p>Identity, society and equality: Democracy</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> • about Britain as a democratic society • about how laws are made • learn about the local council 	<p>Physical health and wellbeing: What is important to me?</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> • why people may eat or avoid certain foods (religious, moral, cultural or health reasons) • about other factors that contribute to people's food choices (such as ethical farming, fair trade and seasonality) • about the importance of getting enough sleep 	<p>Sex and relationship education: Growing Up 🚩</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> • the main stages of the human lifecycle and how the body changes • the names of the agreed words • the physical and emotional changes that happen in puberty
Autumn 2	Spring 2	Summer 2
<p>Drug, alcohol and tobacco education: Making choices 🚩</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> • that there are drugs (other than medicines) that are common in everyday life, and why people choose to use them • about the effects and risks of drinking alcohol • about different patterns of behaviour that are related to drug use <p><u>Asthma lesson for Year 2, 3 or 4</u></p> <p>that medicines can be used to manage and treat medical conditions such as asthma, and that it is important to follow instructions for their use</p>	<p>Keeping safe and managing risk: Playing safe 🚩</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> • how to be safe in their computer gaming habits • about keeping safe near roads, rail, water, building sites and around fireworks • about what to do in an emergency and basic • emergency first aid procedures 	<p>Careers, financial capability and economic wellbeing: Saving, spending and budgeting</p> <p><u>Pupils learn:</u></p> <ul style="list-style-type: none"> • about what influences people's choices about spending and saving money • how people can keep track of their money • about the world of work

Year 4- PSHE

Autumn 1

Identity, society and equality

Democracy



Spring 1

Physical health and wellbeing

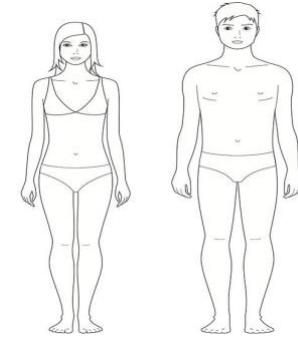
What is important to me?



Summer 1

Sex and relationship education

Growing Up



Autumn 2

Drug, alcohol and tobacco education

Making choices



Spring 2

Keeping safe and managing risk

Playing safe



Summer 2

Careers, financial capability and economic wellbeing

Saving, spending and budgeting

