

# LUNCH MENU

WEEK 1 WEEK BEGINNING:

2 SEPT, 16 SEPT, 30 SEPT, 14 OCT, 4 NOV, 18 NOV, 2 DEC, 16 DEC

GREENSHAW  
LEARNING TRUST

## MONDAY

Main Meal 1

### Beef Bolognese Pasta\*

Served with Mixed Salad & Garlic Bread (2,7)  
2

Main Meal 2

### Tomato and Basil Pasta (VE)

Served with Mixed Salad & Garlic Bread (2,7)  
2

Desserts

### Cherry Cinnamon Wrap

2

## TUESDAY

Main Meal 1

### Beef Burger in a Bap

Served with Sweetcorn and Peas and Baked Wedges  
2

Main Meal 2

### Vegetable Burger in a Bap (VE)

Served with Sweetcorn and Peas and Baked Wedges  
2

Desserts

### Apple Crumble with Custard

2,7

## WEDNESDAY

Main Meal 1

### Roast Chicken Dinner\*

Served with Roast Potatoes & Seasonal Vegetables  
A/F

Main Meal 2

### Vegetarian Sausage Roast (VE)

Served with Roast Potatoes & Seasonal Vegetables  
12

Desserts

### Cheese & Biscuits

2,7

## THURSDAY

Main Meal 1

### Chicken Korma Curry\*

Served with Brown and White Rice  
A/F

Main Meal 2

### Spinach and Chickpea Curry (VE)

Served with Brown and White Rice  
A/F

Desserts

### Lemon Drizzle Cake

2,4

## FRIDAY

Main Meal 1

### MSC Pollock or Salmon Fish Fingers

Served with Chips & Beans or Peas  
2,5

Main Meal 2

### Quorn Nuggets (VE)

Served with Chips & Baked Beans or Peas  
2

Desserts

### Strawberry Mousse

7

## ▲ ALLERGEN KEY

- |                |                    |
|----------------|--------------------|
| 1. Celery      | 8. Molluscs        |
| 2. Gluten      | 9. Mustard         |
| 3. Crustaceans | 10. Peanuts        |
| 4. Eggs        | 11. Sesame         |
| 5. Fish        | 12. Soybeans       |
| 6. Lupin       | 13. Sulphites      |
| 7. Milk        | 14. Tree nuts      |
|                | A/F. Allergen Free |

## AVAILABLE DAILY

Whole meal bread, fresh salads, variety of seasonal fresh fruit, yoghurts & jacket potatoes

PLEASE NOTE THAT ALL OUR DISHES CAN BE ADAPTED  
TO SUIT THE MAJORITY OF DIETARY REQUIREMENTS

\*HALAL SUITABLE

Catering provided by Greenshaw Learning Trust. All products are locally sourced wherever possible. All food is cooked fresh on the school site each day.

# LUNCH MENU

WEEK 2 WEEK BEGINNING:  
9 SEPT, 23 SEPT, 7 OCT, 28 OCT, 11 NOV, 25 NOV, 9 DEC

GREENSHAW  
LEARNING TRUST

## MONDAY

Main Meal 1

### Pepperoni Pizza

Served with Salad and Garlic Bread  
2,7

Main meal 2

### Cheese & Tomato Pizza

Served with Salad and Garlic Bread  
2,7

Desserts

### Apple and Ginger Flapjack

2

## TUESDAY

Main Meal 1

### BBQ Chicken\*

Served with Coleslaw (4)  
and Cowboy Rice A/F

Main meal 2

### Roasted Vegetable Chilli

Served with Coleslaw (4)  
and Cowboy Rice A/F

Desserts

### Carrot Cake

2,4,7 – Milk Free if served with no Frosting

## WEDNESDAY

Main Meal 1

### Roast Chicken Dinner\*

Served with Roast Potatoes & Seasonal Vegetables  
A/F

Main meal 2

### Cheese and Onion Swirl

Served with Roast Potatoes & Vegetables  
2,4,7

Desserts

### Cheese & Biscuits

2,7

## THURSDAY

Main Meal 1

### Beef Lasagne\*

Served with Sweetcorn and Baked Wedges  
2,7

Main Meal 2

### Roasted Vegetable Lasagne

Served with Sweetcorn and Baked Wedges  
2,7

Desserts

### Fruit Cocktail Jelly (VE)

A/F

## FRIDAY

Main Meal 1

### MSC Pollock or Salmon Fish Fingers

Served with Chips & Beans or Peas  
2,5

Main Meal 2

### Falafel Wrap (VE)

Served with Chips Baked Beans & Peas  
2,4,7 (If without yoghurt & mint dressing, milk & egg free)

Desserts

### Chocolate Vanilla Mousse

7

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| 4. Eggs        | 11. Sesame         |
| 5. Fish        | 12. Soybeans       |
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| 7. Milk        | 14. Tree nuts      |
|                | A/F. Allergen Free |

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